

OLLI

COURSE CATALOG

Winter 2022



December 13
Registration begins

February 1
The Right Bike for You:
Friends, Fitness and Fun

Page 16

SEE OUR NEW COURSE CATEGORIES
INCLUDING TRAVEL, HOME AND GARDEN,
SPECIAL INTEREST GROUPS AND MORE!

Page 1

OSHER
LIFELONG
LEARNING
INSTITUTE

UC DAVIS

BECOME A MEMBER OF

OSHER LIFELONG LEARNING INSTITUTE (OLLI)

Courses and Events for Seniors

OLLI Membership Fees

SEMI-ANNUAL MEMBERSHIP

(Remaining Academic Year)

Jan. 24, 2022 – June 30, 2021 **\$40**

QUARTERLY MEMBERSHIP

Jan. 18, 2022 – March 31, 2022 **\$25**

Quarterly membership is available only by phone. To register for a quarterly membership or to check if your membership is current, please call Student Services at (530) 757-8777.

To Enroll

By Phone (530) 757-8777

Online cpe.ucdavis.edu/olli

Enrolling online requires an account. If you have questions, call Student Services.

Need help enrolling? Our Student Services team is available by phone to help! Call the number above and leave a message asking for a call back. Include your phone number and an email where you can be reached. Student Services office hours are: Monday-Friday, 8:30 a.m. to 4:30 p.m.

Class Locations

Out of respect for COVID and flu season concerns expressed by our members, Winter 2022 classes will take place in multiple formats – some courses will be offered in person and some will be available online via Zoom. In-person classroom locations are indicated beneath each class description and subject to change as conditions warrant. Maps to classroom locations are available on our website.

Please check the OLLI website for details and updates, or contact OLLI staff at olli@ucdavis.edu.

Exclusive OLLI Membership Offer for Members of UC Davis Retirees' Association (UCDRA) and UC Davis Emeriti Association (UCDEA)

To help build a more sustainable OLLI and engage the many talented, energetic and experienced members of UCDRA and UCDEA, we are offering you a complimentary course credit equivalent to your paid OLLI membership fee.

To receive your course credit, please register for membership and courses by phone at (530) 757-8777 Ext. 1. This offer requires validation of current UCDRA/UCDEA membership, which cannot be verified through our online registration system. For questions and further details, please contact the OLLI office at (530) 752-9695.

For others in need of financial assistance, OLLI scholarships are available. Contact the OLLI office to enroll.



Embrace freedom and friendships through bicycling. See page 16

COURSES AND EVENTS AT A GLANCE

NEW SUBJECT AREAS:

Community

Celebrating the diversity of life through courses and excursions featuring local and international travel, special interest groups and social gatherings, and learning experiences that promote acceptance and a profound understanding of the world we live in.

Discovery

Subjects of intellectual interest in various academic disciplines, incorporating OLLI's classics—categories from our time-honored catalog.

Life

Classes that speak to learners where they are in their lifespan, serving interests from home and garden to digital literacy, nutrition, fitness and experiences that address physical and mental wellness.

WINTER 2022 – Online registration begins December 13

As a helpful reminder, we suggest you circle or highlight the classes in which you have enrolled.

COURSE TITLE	#DAYS	START DATE	COURSE#	FEE	PG
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Community

SPECIAL INTERESTS

Memoirs: A Writing Workshop	8	Jan. 25	213SNR205	\$75	3
Photography: Mastering Aperture for Effective Depth of Field	2	March 4	213SNR207	\$40	3
To Hide and Seek: Exploring Personal Writing	4	Feb. 28	213SNR206	\$60	4
Wine, Whine and Chat	9	Jan. 28	213SNR210	FREE!	4

TRAVEL

North Korea: The Hermit Kingdom Under Kim Jung Ill	1	March 29	213SNR215	\$25	4
Tokyo: A Professor's Virtual Tour	1	March 21	213SNR211	\$25	5

WORLD-VIEW

Activate Your Heroic Imagination	1	Feb. 22	213SNR220	\$25	5
Sacred Texts in a 21st-Century World: A Comparison of Three Religious Traditions	4	Jan. 25	213SNR225	\$60	6

Discovery

ART, MUSIC AND THEATER

1968-1969: Significant Pivotal Years in American Music	4	Feb. 2	213SNR302	\$60	6
Memphis Blues, Rock 'n' Roll and R&B	2	Feb. 8	213SNR304	\$40	7
Picasso Part 2: The Mature Years	1	Jan. 27	213SNR300	\$25	7

FILM STUDY

Merchant Ivory Productions: The Art and Genius of Adapting Novels to Film	4	Feb. 3	213SNR311	\$60	7
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COURSE TITLE	#DAYS	START DATE	COURSE#	FEE	PG
HISTORY _____					
Donner Summit: The Most Historically Significant Square Mile in California	1	Jan. 31	213SNR331	\$25	8
Life and Times of Hildegard Von Bingen	4	Feb. 22	213SNR330	\$60	8
Navajo Code Talkers of World War II: A Personal Account and Historical Overview	1	Jan. 26	213SNR333	\$25	9
Powerful Presidential Couples	2	March 22	213SNR334	\$40	9
Presidential Museums and Homes	1	March 28	213SNR336	\$25	9
Three Reformers Who Changed the Nation's Political Culture	2	March 16	213SNR337	\$40	10
LITERATURE AND PHILOSOPHY _____					
The Great Gatsby	2	Feb. 9	213SNR340	\$40	10
Women of the Bible	4	March 3	213SNR344	\$60	10
POLITICS AND CURRENT EVENTS _____					
Crossroads America	8	Jan. 26	213SNR360	\$75	11
Introduction to Constitutional Law: Part 1	4	March 1	213SNR363	\$60	11
Is Capitalism Still Relevant?	4	March 3	213SNR361	\$60	12
Reading <i>The New Yorker</i>	8	Feb. 11	213SNR365	\$75	12
Rising China, Taiwan and the Shifting Balance of Power	2	March 2	213SNR362	\$40	12
Timely Topics	8	Jan. 24	213SNR369	\$75	13
The Big Tech Economy and What it Means to American Life	1	March 30	213SNR366	FREE!	13
U.S. Constitutional Institutions: 18th-Century Visions and 21st-Century Realities	4	Feb. 3	213SNR367	\$60	13
SCIENCE _____					
The Social Contract: from Rousseau to the Honey Bee	1	Feb. 7	213SNR388	\$25	14
A Bit About Bats	1	Feb. 14	213SNR381	\$25	14
The Circadian Clock and Chronomedicine	1	March 23	213SNR383	\$25	14
Hydrogen: Potential Role in the Pathway to a Carbon-Free Energy Future	2	Feb. 17	213SNR385	\$40	15
Mother's Milk: Nature's First Super Food	1	Jan. 25	213SNR387	\$25	15
Update: California Wildfires	1	Jan. 27	213SNR382	\$25	15
Life					
WELLNESS _____					
Mindful Movement: Qigong and Stretching	4	Jan. 4	213SNR400	\$60	16
Bhagavad Gita for Daily Life	4	Jan. 28	213SNR410	\$60	16
The Right Bike for You: Friends, Fitness and Fun	1	Feb. 1	213SNR404	\$25	16

SCHEDULE OF COURSES AND EVENTS

Winter 2022 Enroll early! Classes begin Tuesday, January 18, 2022

Community



SPECIAL INTERESTS

Memoirs: A Writing Workshop

The legacy of your personal stories has great value to your family, of course, and to other people, too. Several memoirs and stand-alone memoir stories have been published out of this class, which operates like a writer's workshop. Every week you will write a three- to four-page memoir piece or personal essay. Then you will receive feedback and ideas on grammar and punctuation, story structure and the use of literary technique. You will also have the opportunity to read two or more of your stories to the class for a more in-depth critiquing session. Join us on the memoirists' journey where we make meaning, and art, of our life experience.

Instructor: Kit Kirkpatrick is certified as a memoirist by the Pacifica Graduate Institute in Santa Barbara. She holds a Life Teaching Credential from UC Davis and a master's degree in communications from CSU, Sacramento. She has been a publicist, owned a public relations agency and published a statewide magazine, *California Restaurateur*.

8 Tuesdays	Jan. 25-March 15	12:30-3:30 p.m.
213SNR205	\$75	Zoom

Photography: Mastering Aperture for Effective Depth of Field

Shallow depth of field creates a beautiful "boka" in flower or macro photography and *deep depth of field* makes for stunning landscape photography. Knowing how to choose the right aperture setting to get the desired effect requires knowing how to balance shutter speed and ISO for the available light. This workshop introduces and demonstrates the principles involved in choosing the f-stop (aperture) required for the desired effect. The class will begin with a classroom lecture and demonstrations to give students an understanding of how to use aperture for a desired result. In the second session, you'll have the opportunity to practice with the instructor's help at the UC Davis Arboretum.

Suggested Reading: *Read This If You Want to Take Great Photographs* by Henry Carroll (Laurence King Publishing)

Instructor: Lynne Ellyn has a post grad certificate in photography and travels extensively to photograph horses, landscapes and flowers. She taught at Florida Gulf Coast University in the Renaissance program and has taught virtual classes during COVID. Some of her work can be seen at www.LellynPhotography.com

2 Fridays	March 4 & 11	10 a.m.-noon
213SNR207	\$40	Galileo



A chess board photograph presents excellent use of depth of field – courtesy of Unsplash

To Hide and Seek: Exploring Personal Writing

Anytime we write about ourselves or the people who share our lives, we make choices about what to say and what not to say. These choices can be a powerful source of insight into what is acceptable and not acceptable in our society, our families and with ourselves. In this class we will write short personal essays, share them and strive to be helpful readers of each other's work. When explaining our work to fellow students, we will discuss what we chose to put in our essays and what we chose to leave out. And, most importantly, why. The instructor has never studied this part of the writing process, although she employs it in her own work every day. See what can be discovered together. **Limited enrollment.**

Instructor: Marion Franck has penned a column for the *Davis Enterprise* for 25 years, taught composition at UC Davis and written for *UC Davis Magazine*. She has also paddled kayaks, cared for ailing parents and raised 2 children—activities that had the side benefit of giving her material for her columns.

4 Mondays	Feb. 28-March 21	2-4 p.m.
213SNR206	\$60	Galileo

Wine, Whine and Chat

Join OLLI members online for Friday afternoons with an hour of stimulating discussion and laughter. Come share your thoughts and recommended readings of articles, books or podcasts—a great way to stay connected and end your week with OLLI friends. Bring your favorite beverage, kick back and enjoy the camaraderie. Rules are few: be respectful, be kind and agree to disagree with others. These make for a rich conversation. Our goal is to gather, have a lively discussion and close out the week with fellow thinkers! **Note:** OLLI membership required.

Hosts: OLLI members Charlotte Lucero, Dale Good, Karen Cohen and Bill Baxter

9 Fridays	Jan. 28-March 25	4-5 p.m.
213SNR210	Free!	Zoom

TRAVEL

North Korea: The Hermit Kingdom under Kim Jung Il

North Korea is a most uncommon place to visit, but there are travel agents who lead groups there. Enjoy a discussion and photos from a 10-day journey made by the instructor in 2010. After gathering in Beijing, instructor Julia Amaral flew to Pyongyang to begin a tour, led by a female guide who spoke good English, and four additional minders who did not! The group was never left alone while visiting Pyongyang and a few locations outside the city. There were no interactions with locals and no unscheduled bus stops. Although very regimented, the experience was exciting and extraordinary. Much was learned by observing the people and the countryside. Shortly after the journey, Kim Jun Un took control in 2011. Since then, the country is considered less safe to visit.

Instructor: Julia Amaral developed an interest in travel as a college exchange student. After graduation she traveled the world as a stewardess. Since marrying, she and spouse Mark have traveled to many uncommon places about which she lectures on Zoom.

1 Tuesday	March 29	2-3:30 p.m.
213SNR215	\$25	Zoom

Tokyo: A Professor's Virtual Tour

Brian Higgins lived and taught courses at a university in Tokyo for 10 years, teaching for 6 to 10 weeks each year. During that time, he was able to travel widely around Japan. In this talk, he will focus on Tokyo and nearby areas (less than a two-hour train ride from Tokyo). He had no experience with the Japanese language or way of life before he began these annual journeys. He will share photos of some of his favorite sites, discuss some insights into the history of the beautiful and amazing city of Tokyo, and liven the dialogue with some personal anecdotes as he learned to navigate his way through Japanese culture and society.

Instructor: Brian G. Higgins is professor emeritus of chemical engineering at UC Davis. He held visiting professorships at several universities in Japan from 2008-2018. In 2010, he began teaching in Vietnam.

1 Monday	March 21	10 a.m.-noon
213SNR211	\$25	Zoom



Edo castle with modern Tokyo in the background – courtesy of Unsplash

WORLD-VIEW

Activate Your Heroic Imagination

Founded by Dr. Phil Zimbardo in 2010, The Heroic Imagination Project pioneered the concept of “Hero Training” to students and adults around the world. During this uplifting class, participants will review the psychology of how situational factors impact human behavior, with reference to current events. Participants will also discover what research has revealed regarding everyday heroes: 1) They imagined situations where help was needed and considered how they would act. 2) They have an expansive sense of empathy, not simply with those who might be considered “like them,” but also those who might be thought of as “other.” 3) They regularly took action to help people, often in small ways. 4) They possess some experience or skill that makes them confident about undertaking the heroic action in question.

Suggested Reading: *The Lucifer Effect: Understanding How Good People Turn Evil*, by Dr. Philip Zimbardo (Random House)

Instructor: Matt Winkler has taught at colleges in New England and China. His viral four-minute TED-Ed video *What Makes a Hero?* has been viewed 7 million times.

1 Tuesday	Feb. 22	2-4 p.m.
213SNR220	\$25	Zoom

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Sacred Texts In a 21st-Century World: A Comparison of Three Religious Traditions

Sacred texts and writings lie at the foundations of religion. Their stories and precepts have served as timeless guides to faith and life from their inceptions to the present day. Some contain what appear to be universal truths applicable to human nature and relationships in any age and society. Others may be obscure and confusing. Still others contain depictions of discord, cruelty and ruthlessness that offer neither solace nor comfort nor constructive lessons for life in our time and place. This course aims to bridge the gap between ancient texts and contemporary life in three ancient religious traditions born in the Near East, which continue to be revered and practiced today—Judaism, Christianity and Islam. Three groups of scholars and religious leaders will be featured as guest speakers in an introduction to the interpretation and application of sacred texts from these religious traditions in our own time. The instructors hope their efforts will contribute to greater interreligious understanding, appreciation and dialog.

Instructor: Tony J. Tanke organized and coordinated this course. He holds a B.A. from the University of Wisconsin-La Crosse, a JD from the University of Minnesota Law School, and an LLM from Cambridge University. He has lived and practiced law in Davis since 2000. He has taught in the law schools of the universities of Santa Clara and San Francisco, as well as at the Graduate Theological Union in Berkeley.

Guest speakers include (in order of appearance):

Professor Seth Sanders, director of the graduate group in the Study of Religion at UC Davis; Professor Eva Mroczek of the UC Davis Department of Religious Studies; Rev. Dr. Chris Erdman-Neufeld, pastor of the Davis Community Church; Emeritus Professor James Goss of California State University, Northridge and an OLLI instructor in New Testament and Gospel Studies; Professor Mairaj Syed, scholar of Islamic Studies and director of the Medieval and Early Modern Studies Program at the UC Davis Department of Religious Studies.

4 Tuesdays	Jan. 25–Feb. 15	10 a.m.-noon
213SNR225	\$60	Watermelon Music

Discovery



ART, MUSIC AND THEATER

1968-1969: Significant Pivotal Years in American Music

During 1968-1969, an incumbent president chose not to run, King and Kennedy were assassinated, a new president began to undo the New Deal Coalition of several decades, General Westmoreland announced that the war's end was coming into view, the Tet Offensive launched in Vietnam, Walter Cronkite returned from Vietnam to announce we were in a "quagmire," the U.S. Pueblo was captured by North Korea, the 1968 Civil Rights Act was passed, large protests occurred at the 1968 Democratic convention, and the Woodstock Music Festival attracted 400,000 people. These two years were a mind-boggling turning point for America. Join us as we review the events, share memories and examine the music that sustained us.

Instructors: Larry Lobre, M.P.A., worked for decades in social services and was the director of professional services at UC Davis Continuing and Professional Education's Human Services. His long-time interest in music includes singing and playing in various bands for many years. Lifelong learning is his passion.

Dennis Pendleton has focused much of his career on community engagement and outreach at UC Davis over the past 40 years. He retired in 2015 after serving for 14 years as dean of the UC Davis Division of Continuing and Professional Education. He loves music, all types of music, and appreciates the opportunities OLLI offers for listening to and talking about music with other members.

4 Wednesdays	Feb. 2-23	2-4 p.m.
213SNR302	\$60	Zoom

Memphis Blues, Rock ‘n’ Roll and R&B

Memphis represents a musical melting pot—a place where numerous styles converge in the center of the country. It is the home to Sun Studios and Stax Records, but the history of African American music in Memphis stretches back to jug bands, W.C. Handy, entertainment on Beale Street and the famous radio station, WDIA. We will explore the history of African American music in Memphis with a special emphasis on Memphis blues, rock’n’roll and rhythm and blues.

Instructor: Julia Simon is a cultural historian in the Department of French and Italian at UC Davis. She is also a working blues musician, gigging in bands for the last 20 years. Her most recent book, *Time in the Blues*, was published by Oxford University Press in 2017.

2 Tuesdays	Feb. 8 & 15	2-4 p.m.
213SNR304	\$40	Zoom

Picasso Part 2: The Mature Years

Picasso influenced the evolution of the Western art world in a career that spanned 79 years, including works in painting, sculpting, ceramics and even poetry! His longevity as a trend-setting artist may, in part, be attributed to his willingness to experiment in any given medium, giving birth to the nomenclature that would follow him through life: the Blue Period, the Rose Period, the African Period, Cubism, Neoclassicism, Surrealism and his later works. In this session, we’ll focus on works from the later years of his life and the collection of paintings that illustrate his earlier styles and remind us all of his boundless vision. **Note:** This is a one-hour session only.

Instructor: Jerry DeCamp is a retired teacher of art studio and art history with 30 years of experience. His bachelor’s and master’s degrees were both from UC Davis. He continues to teach part time, maintains a painting and sculpture studio, and exhibits in Paris.

1 Thursday	Jan. 27	2-3 p.m.
213SNR300	\$25	Zoom

FILM STUDY

Merchant Ivory Productions: The Art and Genius of Adapting Novels to Film

The 44 films created by business and life partners Ismail Merchant and James Ivory are extraordinary. Many aspects of their work (1962-2005) command attention: direction, screenwriting, casting, production and cinematography, all smoothly choreographed into a dramatic whole. Whether Indian or European, whether modern or period, all films are detailed studies of human manners, values and dilemmas. Their masterpieces often focus on novels; thus, we will examine *The Householder* (1963) by their “team” member, Ruth Praver Jhabvala, a fascinating figure on her own. We’ll jump to their golden period with *The Bostonians* (1984) by Henry James, *Howard’s End* (1992) by E. M. Forster and *The Remains of the Day* (1993) by Kazuo Ishiguro. Each deserve rigorous discussion, and it will not be expected that you have read any of the novels. We’ll focus on the glories of the screen!

Instructor: Rene Viargues completed degrees at both UC Davis and UC Berkeley in political science. He received a second M.A. at the University of Pennsylvania under its interdisciplinary American Studies program. Viargues taught a variety of government, history and English courses for more than 30 years at the California Maritime Academy, including more than 15 years teaching an art-of-the-cinema course.

4 Thursdays	Feb. 3-24	1-4:30 p.m.
213SNR311	\$60	Galileo

Donner Summit: The Most Historically Significant Square Mile in California

Donner Summit is the most historically significant square mile in California and maybe in the entire western United States. Hear the stories and see historical photographs of the many Donner Summit firsts that make this square mile notable in building California. Topics will include: Native American significance, first wagon trains, first transcontinental railroad, first transcontinental highway, first transcontinental air route, first transcontinental telephone line, as well as a lot of smaller firsts. Following this session, we will be waiting with great anticipation for snow melt in order to see it all in person.

Suggested Reading: The Donner Summit Historical Society website offers multiple Summit stories: www.donnersummithistoricalsociety.org.

Instructor: Bill Oudegeest is a former teacher and school administrator. He is also the *Heirloom Newsletter* editor, a web master, publications editor, author of the 20 Mile Museum signs and two books on Donner Summit history. Oudegeest has been enjoying Donner Summit for more than 40 years and is one of the founders of the Donner Summit Historical Society.

1 Monday	Jan. 31	2-4 p.m.
213SNR331	\$25	Zoom



Donner Summit in Snow – courtesy of Lisa Smith-Youngs

Life and Times of Hildegard Von Bingen

Hildegard of Bingen (1098-1179) is justly famous as one of the great spiritual leaders of the European Middle Ages (c.312-1500), and as a master of music composition, poetry and science, she studied nature and theology, while maintaining a successful administrative career as abbess of the Convent of Bingen in Rupertsberg, West Germany. This class will primarily examine the mystical writings of Hildegard, found in her book *Scivias* (“Know the Way”), and a review of her historical environment, as well as recordings of her music, her works in nature appreciation and religion. The fact that Hildegard was a woman achieving fame in a world dominated by men was never as critical a factor in her accomplishments as her pure genius, which we will investigate.

Suggested Reading: Readings will be available at: medieval.ucdavis.edu/OLLI/HILDEGARD. Registered students will be notified when posted.

Instructor: Kevin Roddy has been teaching for OLLI for a number of years on such medieval subjects as cathedrals, castles and monasticism. From 1979 to 2014, he was a lecturer in the Medieval Studies Program at UC Davis, where he won four awards for excellence in teaching.

4 Tuesdays	Feb. 22-March 15	10 a.m.-noon
213SNR330	\$60	Zoom

Navajo Code Talkers of World War II: A Personal Account and Historical Overview

The Navajo Code is a unique World War II legacy. It was used in all Pacific battles to transmit top secret and confidential messages. It is the only military code in modern history never broken by an enemy. The Navajo Code commissioned by the United States Marine Corps saved hundreds of thousands of lives and helped to shorten the war in the Pacific. Major Howard Connor, of the 5th Marine Division said, *“Were it not for the Navajo, the Marines would never have taken Iwo Jima.”* Mr. MacDonald combines factual and personal experiences regarding the inception of the code, the use of the code during the war and after, and the current state of the Navajo Code Talkers. There are only four remaining at the time of this writing.

Suggested reading: *Navajo Weapon: The Navajo Code Talkers* by Sally McClain (Rio Nuevo Publishers)

Instructor: Peter MacDonald, Sr., is a former four-term leader of the Navajo Nation and was a Navajo Code Talker during World War II from 1944 to 1946. At the age of 15, in Teec Nos Pos, Arizona, he enlisted in the USMC and became a Navajo Code Talker. He served as Navajo Nation Chairman from 1971-1983 and 1987-1991. He will be assisted in this presentation by his daughter, Charity.

1 Wednesday	Jan. 26	2-4 p.m.
213SNR333	\$25	Zoom

Powerful Presidential Couples

“Behind every great man is a great woman.” Many great men in our country’s history achieved notable success because of an empowering relationship with their wives. This is certainly true for America’s first couples. In this course, we will explore the Washingtons, the Madisons, the Lincolns and the Roosevelts (Franklin and Eleanor).

Instructors: Don Fraser is an American historian who has published articles and two books on early American history. He has taught numerous classes for OLLI in the past, largely around the themes from his books.

Joan Griffin is a writer and historian who specializes in first ladies. She has also taught classes on first ladies at both OLLI at UC Davis and OLLI at Sierra College.

2 Tuesdays	March 22 & 29	10 a.m.-noon
213SNR334	\$40	Zoom

Presidential Museums and Homes

There are more than 350 “presidential places” to visit and tour in our country, including national historic sites, libraries, museums, statues, birthplaces and gravesites! Enjoy a tour of our country’s presidential history, by way of each president’s museum or home. Although all 42 have been visited by the instructors, the session will focus on those of most interest and enlightenment.

Instructors: Kristen Boelter has been a member of OLLI since 2007, serving on the Curriculum Committee and as president from 2012 to 2014. Most importantly, in the last six years, she has been able to visit the 42 existing historical sites of the U.S. presidents. Her interest began with a visit six years ago, to the Ronald Reagan Library in Simi Valley.

Bob Diercks has had a lifelong interest in the U.S. presidency and the lives the presidents led. In retirement, along with Kristen, he pursued a passion to visit each presidential museum or home. This has taken him to small and large communities that they otherwise might never have seen.

1 Monday	March 28	10 a.m.-noon
213SNR336	\$25	Galileo

Three Reformers Who Changed the Nation's Political Culture

The five decades between 1870 and 1920 were a period of tremendous change, marked by the fading of the Gilded Age and the rise of the Age of Reform. The country that had been exhausted by the carnage of the Civil War and the failure of Reconstruction began to revive with tremendous industrial growth aided by the expansion of the railway network. We will explore how three reformers—William Jennings Bryan, Robert La Follette and Eugene Debs—forced political changes benefiting large segments of society and creating greater freedom and wealth for many, but not all, people.

Instructor: Richard Williams majored in history, specializing in American political development as an undergraduate at UCLA. Following graduation, he enrolled in law school, also at UCLA, and became particularly interested in constitutional law. In his law practice of 35 years, he frequently dealt with issues involving the relationships between government agencies and private individuals.

2 Wednesdays	March 16 & 23	2-4 p.m.
213SNR337	\$40	Galileo

LITERATURE AND PHILOSOPHY

The Great Gatsby

Now that it has entered public domain, *The Great Gatsby* has acquired a prequel, a magical sequel, a graphic novel version, and an alternate queer version. What about Fitzgerald's book itself? We'll look at its gorgeous language and dire predictions, as well as its narrative devices. Participants are asked to read the entire novel prior to class.

Suggested Reading: *The Great Gatsby* by F. Scott Fitzgerald. 1925 edition. Multiple printings available.

Instructor: Peter Hays has taught literature and drama at UC Davis for 50 years. He has published four books on Ernest Hemingway and numerous articles about both Hemingway and F. Scott Fitzgerald, and served as the News and Notes editor of the *Fitzgerald Newsletter*.

2 Wednesdays	Feb. 9 & 16	10 a.m.-noon
213SNR340	\$40	Galileo

Women of the Bible

The Bible has had immeasurable influence on Western culture. It is a series of stories about people and their all-too-human successes, failures and conflicts. It is surprising that the patriarchal culture of biblical times depicts so many stories about women, and they are portrayed in every aspect and station in life. The Bible describes queens and commoners, heroines and harlots, loving wives and scheming plotters, those who followed their faith and those who denied it. The first three sessions of this course will concern a selection of women from the Old Testament. Some are well known: Naomi, Ruth, Ester, Sarah and Delilah. Others such as Deborah and Tamarind are less familiar but still important in the biblical epic. The final session will discuss the leading women of the New Testament and include Mary (Jesus' mother) Mary Magdalene, Elizabeth, Martha, Herodias and Salome.

Instructor: Germaine Hupe is a Phi Beta Kappa graduate of UC Davis and holds a master's degree from Claremont Graduate School. Teaching at Winters High School for many years, she introduced courses in British and World Literature, Shakespeare and Mythology. In 2019 she was inducted into the Winters Joint Unified School District Hall of Fame.

4 Thursdays	March 3-24	2-4 p.m.
213SNR344	\$60	Galileo

Crossroads America

Our nation faces a multitude of challenges. We may always be at a crossroads in our country, whether over an election or any of the legislative issues our representatives face. This weekly discussion group will provide a safe forum for OLLI friends to review and discuss recent socio-political news and issues.

Instructors: Bill Baxter is a retired deputy chief and served 38 years in fire and wildland management positions with both CAL FIRE and the U.S. Forest Service. Bill graduated from UC Berkeley in 1976 with a degree in forestry and resource management and has resided in Davis since 2013. Politics, history and issues of social justice are keen areas of personal interest for him.

Charlotte Lucero, M.S.W., has lived in Davis since 1966. She completed her degree at UC Davis in women's studies in 1997. She retired from the UC Davis School of Medicine in 2002, joined the Peace Corps and served in Ecuador. She received a master's degree in social work in 2010 at San Jose State University and serves as a volunteer in the Philippines for Faces of Tomorrow. Lucero is an adjunct professor/field instructor for CSU Sacramento's Department of Social Work.

8 Wednesdays	Jan. 26 – March 16	10 a.m.-noon
213SNR360	\$75	Zoom

Introduction to Constitutional Law: Part 1

The United States is one of the oldest constitutional democracies in the history of the world. Since 1789, the Constitution, while having glaring and tragic flaws, has provided a system of government to ensure necessary public functions while safeguarding individual liberties. We will explore the history and structure of the Constitution, the powers of and limitations on the three branches of the federal government, federalism (the relationship between the state and federal governments) and the constitutional protection of individual rights and liberties through the Bill of Rights.

Instructor: Margaret Johns received the Distinguished Teaching Award, the Distinguished Public Service Award and the Alumna of the Year Award while teaching at the UC Davis School of Law. She founded the school's Civil Rights Clinic and has been recognized by federal trial and appellate courts for her pro bono service.

4 Tuesdays	March 1 - 22	2-4 p.m.
213SNR363	\$60	Watermelon
Music		



Missed a class?

Watch select OLLI classes on Davis Media Access (channel 15) or visit the Yolo County Library in Davis and check out the Osher Lifelong Learning DVD collection.

Visit cpe.ucdavis.edu/olli for more info.

Is Capitalism Still Relevant?

Our cherished OLLI colleague Paul Goldstene taught a version of this course in 2010, comparing capitalism at its historical and theoretical roots to the “corporatism” of today. We continue to see corporatism at play in the opioid crisis and Purdue Pharma, the Boeing Max 8, Big Tech and “surveillance capitalism,” and PG&E service irregularity versus wildfires and power blackouts. Americans support the most expensive health care with some of the poorest outcomes and with wide income disparity. These are just a few examples. Is there another model besides the culture-war, “S-Word”? We will examine all stakeholder categories in our economy and posit another model, one that many of us encounter and appreciate every day.

Instructor: Dale Good served in the Navy as both enlisted and an officer, touring Africa and the Caribbean. After graduate school, he was the chief information officer for the Minnesota Supreme Court and Public Safety Agency, and an adjunct instructor in the Minnesota State University system. More recently, he served as an executive for the California Courts.

Guest Speaker: Claire Goldstene has taught U.S. history at American University, the University of North Florida, and the University of Maryland. She published *The Struggle for America's Promise: Equal Opportunity at the Dawn of Corporate Capital* in 2014. She has taught multiple classes for OLLI at UC Davis.

4 Thursdays	March 3-24	10 a.m.-noon
213SNR361	\$60	Zoom



Visit the
OLLI blog!
[cpe.ucdavis.edu/
olli/blog](http://cpe.ucdavis.edu/olli/blog)

Reading *The New Yorker*

This course is an ongoing participation-discussion seminar based on weekly selections from *The New Yorker* magazine. **Limited enrollment. No class on March 25.**

Instructor: Michael Pach retired from a lengthy career in information system security validation and verification in both the public and private sectors. He and his wife live in Davis, endlessly catching up with all of the things he postponed while working and raising a family. These include guitar lessons, struggling to learn French, traveling, reading and enjoying time spent sharing ideas and thoughts with others in *Reading The New Yorker*.

8 Fridays	Feb. 11 – April 8	10 a.m.-noon
213SNR365	\$75	Zoom

Rising China, Taiwan and the Shifting Balance of Power

As China rises in wealth and power and asserts its right to expand to Qing Dynasty boundaries, President Xi demands that Taiwan must be “reunified” with the Peoples Republic of China. After seeing China’s suppression of democracy in Hong Kong, the people and government of Taiwan are distrustful of Beijing’s “one country, two systems” offer and are resisting. Meanwhile, the U.S. regards Taiwan as the front line of its post WWII hegemony in Asia. This presentation explores hypothetical scenarios of conflict in the Taiwan Strait, including the possible roles of Japan and South Korea, and speculates on who would prevail.

Instructor: Stephen Hoadley, associate professor of politics and international relations at The University of Auckland, is a veteran lecturer, writer, media commentator and public speaker. His interest in East Asian politics extends from his U.S. Navy service in the Pacific and his doctoral research in Hong Kong during the rule of Mao Tse Tung, to the present concerns with China’s “wolf warrior diplomacy.”

2 Wednesdays	March 2 & 9	2-4 p.m.
213SNR362	\$40	Zoom

Timely Topics

Discuss current and timely events that affect our lives. The instructors provide weekly at-home assignments for each upcoming session. Reading materials for the class will be available via links on the internet sent to class participants by email. If, for example, a particularly interesting presenter from the World Affairs Council is obtainable only via audio over the internet, participants should have listened to the presentation so it can be discussed during the upcoming class. **Limited enrollment. No class on February 21.**

Instructors: Dan Buckley graduated from the University of San Francisco and has a master's degree in transportation management from the Florida Institute of Technology. He served in the U.S. Army for 27 years and was on the faculty of the Naval War College in Newport, R.I., focusing on strategy and operations for four of those years. He is currently retired and enjoys civilian life in Davis.

Paul Tarczy has an MBA from Golden Gate University. He spent 30 years working in the midst of the transformation of computer technology from mainframes to personal computers and spent much of his career setting up and maintaining computer networks in both the private and public sectors.

8 Mondays	Jan. 24-March 21	10 a.m.-noon
213SNR369	\$75	Zoom

The Big Tech Economy and What it Means to American Life

Online platforms are the most valuable and powerful firms in the world and their founders are among the wealthiest in the world. Google decides what we can find both through internet search and online maps. Facebook, Twitter and Instagram are how we connect. Amazon controls over 40% of all online commerce—a position that was reinforced by the COVID pandemic. Governments around the world are scrambling to offset the power these firms have developed. Together, we will consider this power and what it means for our society and economy through discussion of current regulatory efforts and their likelihood of success.

Suggested Reading: *Platform Power and Regulatory Politics: Polanyi for the 21st Century* by John Cioffi, Martin Kenney and John Zysman Social Science Research Network

Instructor: Martin Kenney is a distinguished professor at the UC Davis, a co-director at the Berkeley Roundtable on the International Economy and a senior fellow at the Research Institute of the Finnish Economy. His scholarly interests are in understanding the interplay between digital platforms, venture capital and digital platforms in China.

1 Wednesday	March 30	10 a.m.-noon
213SNR366	FREE!	Zoom

U.S. Constitutional Institutions: 18th-Century Visions and 21st-Century Realities

The United States Constitution lies at the heart of the American legal and political system. We will look to the text of the Constitution to identify and describe the institutions of power that lie at its foundation—including Congress, the Presidency, the Supreme Court and the process of constitutional development and change. We will explore the visions of the American founders about each institution and especially about how it was designed to operate in practice. We will then fast-forward to our own times to inquire just how well each one has stood the test of time.

Suggested Reading: *The Words That Made Us* by Akhil Reed Amar, Basic Books

Instructor: Tony Tanke see page 6.

4 Thursdays	Feb. 3-24	10 a.m.-noon
213SNR367	\$60	Watermelon
Music		

The Social Contract: from Rousseau to the Honey Bee

Animals that live together in a society, like the social insects, have a tacit agreement, a social contract, that guarantees that their interests are protected in exchange for their social cooperation. Like social contracts that bind human societies, this contract isn't written on paper, it is implied, though in humans its enforcement is expressed in explicit written laws and national constitutions. The social contract of insects has been written by natural selection in their DNA over thousands of generations. In this class we will explore elements of the social contract of honey bee societies, its origins and "laws for enforcement," and the social services honey bees get as a consequence of being members of a society. Specifically, we will explore their systems of national defense, internal police, public works, public health and border control. Without these features, their society would fail, as would ours. Discover what we can learn about ourselves from studying social insects.

Instructor: Robert E. Page, Jr., is chair and professor emeritus at UC Davis and holds the title of regents' professor emeritus and university provost emeritus at Arizona State University. He has published more than 230 research papers and three books on honey bee genetics and behavior.

1 Monday	Feb. 7	2-4 p.m.
213SNR388	\$25	Zoom

A Bit About Bats

Bats in the United States eat insects, particularly agricultural pests. They face many issues including habitat loss, insecticide use and human fear. At the same time, they are saving farmers billions of dollars annually. Learn about the importance of bats in the ecosystem, focusing on bats of California. As part of the program, participants will meet three species of live bats that are native to California.

Instructor: Corky Quirk is the founder of NorCal Bats, an organization that provides care for injured bats and educational programs for libraries, school, nature programs, fairs and other events throughout the region. Quirk has been working intensely with native bats since 2004 and has educated thousands of

people. She has a captive colony of non-releasable bats for use in education.

1 Monday	Feb. 14	2-4 p.m.
213SNR381	\$25	Galileo

The Circadian Clock and Chronomedicine

The circadian clock is an internal body clock that controls all aspects of physiology and behavior in every single one of us. It interprets environmental and metabolic time cues to ensure our body performs at its best. A sequel to the OLLI course *What Time is it and Why Does it Matter?*, this course will revisit the very important, yet infrequently discussed physiological machinery that controls sleep-wake cycles, hormone production and immune system. Because disruptions in the circadian clock have been associated with a range of human diseases, we will highlight life-style choices and work schedules that cause clock disruptions. Finally, we will discuss new strategies in the medical field that leverage circadian biology concepts to increase the efficacy of medical treatments.

Instructor: Joanna C. Chiu obtained her Ph.D. in molecular genetics at New York University and received postdoctoral training at the Center for Advanced Biotechnology and Medicine at Rutgers University. She is currently a professor and vice-chair in the Department of Entomology and Nematology and chancellor's fellow at UC Davis.

1 Wednesday	March 23	10 a.m.-noon
213SNR383	\$25	Zoom

Hydrogen: Potential Role in the Pathway to a Carbon-Free Energy Future

Hydrogen is the lightest and simplest of all elements. It can be manufactured from water by electricity derived from clean energy sources. When burned in air, hydrogen reverts back to pure water. Because of this simple, clean energy cycle, hydrogen has been called the “Ultimate Fuel”. It is possible to formulate a “Hydrogen Energy Economy” that is completely free of carbonaceous fossil fuels and associated contributions to climate change. These lectures will cover the long and fascinating history of hydrogen energy, including the instructor’s own roles in that history, e.g., hydrogen storage in metal hydrides. We shall also discuss the principal economic and infrastructure challenges that must be overcome before hydrogen energy can fully displace conventional fuels derived from coal, petroleum and natural gas.

Instructor: Gary Sandrock was trained as a metallurgist and has spent much of his professional life on hydrogen research, in particular hydrogen storage and utilization. He has worked in industry, academia, NASA, DOE and DOE National Labs, as well as the International Energy Agency.

2 Thursdays	Feb. 17 & 24	2-4 p.m.
213SNR385	\$40	Zoom

Mother’s Milk: Nature’s First Superfood

We will discuss human milk and how it can provide the only source of nutrition for the first six months of life. Human milk is known to contain lactose, proteins and fats. Mother’s milk also contains a mystery ingredient that is more abundant than proteins, yet appears to have no nutritional value to the infant. Learn how scientists have been trying to unravel the use of these compounds for a long time. By employing the most modern analytical tools with very high sensitivity and accuracy, we now know what these compounds do. Come be fascinated!

Instructor: Dr. Carlito B. Lebrilla is a distinguished professor at UC Davis in the Department of Chemistry and received his Ph.D. from UC Berkeley. He was an Alexander von Humboldt Fellow in the Technical University in Berlin. He has written over

400 peer-reviewed publications and was awarded the UC Davis Distinguished Researcher Award in 2018.

1 Tuesday	Jan. 25	2-4 p.m.
213SNR387	\$25	Zoom

Update: California Wildfires

Last year’s fire season was the worst in California history, but it could well be topped by the next! How are we doing? The Caldor and River fires provided an opportunity to examine what was and wasn’t done differently compared to the prior season and to see what did and didn’t work. What have we done with that knowledge? Were we better able to understand what contributes to wildfires and have we succeeded in improving the situation for 2022? What steps did the federal government, the state of California, local jurisdictions and major power companies take to mitigate wildfires, both in the short term and the long term? Were these steps more smoke than fire? And what about homeowners? How has the guidance for protecting themselves and their property changed and are people responding in a positive way?

Instructor: Ken Verosub is distinguished professor emeritus in the Department of Earth and Planetary Sciences at UC Davis. His interests range from understanding the Earth’s magnetic field to deciphering the Earth’s climate. At present he is studying the interface between geologic processes and human activity, including the role of natural disasters in shaping human history.

1 Thursday	Jan. 27	10 a.m.-noon
213SNR382	\$25	Zoom



Mindful Movement: Qigong and Stretching

Join OLLI members from across the nation in this online class, designed to help students develop or improve a daily movement program in this introduction to Qigong, T'ai Chi and Somatic Meditation. Movements will be taught both as physical and energetic exercises and as methods for improving present moment awareness and mindfulness of subtle perceptions. Students will be asked to practice outside of class. There will be printable handouts to support you, as well as links to videos on Facebook Live, YouTube and an optional DVD available from the instructor (not included in cost of course). The Zoom class will be taught live and will include time for questions and social time with other students. Participants will need to be able to lay down and get up from the floor and be able to move about comfortably in a home space while watching Zoom. Exercises will challenge and enhance flexibility, balance and coordination. **Limited enrollment. Waiver signature required.**

Instructor: Nando Reynolds, MA, has studied and taught T'ai Chi, Karate, Kenpo, Qigong, Contact Improvisation Dance and massage over the last 30 years. He is a bestselling author in the martial arts field. He works in private practice as a psychotherapist. He has been teaching with OLLI at Southern Oregon University since March 2020, as well as in community colleges and privately since 1990.

4 Tuesdays	Jan. 4-25	9-10:30 a.m.
213SNR400	\$60	Zoom

Bhagavad Gita for Daily Life

How do you know which is the correct action to take or the right decision to make in difficult circumstances? *The Bhagavad Gita* addresses these questions in the form of an epic poem. A warrior prince, Arjuna, is confronted by the choice of the right path in a moral dilemma. In a dialog with his mentor, the god Krishna, Arjuna is led through a series of teachings to a higher understanding of the spiritual nature of man. We will apply Krishna's teachings to our own life and to our strategies to improve our actions. This spiritual classic text can be interpreted from a devotional or secular perspective. Both yoga approaches will be presented.

Suggested Reading: *The Bhagavad Gita*, translated by Winthrop Sargeant (SUNY Press)

Instructor: Grazia Jaroff, M.A., a yoga student for 30 years, with teacher's certification from the Krishnamacharya Yoga school, Chennai, India, has taught individual and group classes, locally and online, in yoga philosophy, postures, meditation, classic texts and traditions.

4 Fridays	Jan. 28-Feb. 18	10 a.m.-noon
213SNR410	\$60	Zoom

The Right Bike for You: Friends, Fitness and Fun

Biking is a rewarding answer to so many needs...from fitness to socializing with friends and environmentally conscious transportation for errands. The art of bicycle design has resolved challenges for mature bikers, including comfort seating, modified frames to enhance safety and stability and electric-bikes to aid with stamina. Join us for an entertaining session to discuss the latest trends in bicycle travel, local bicycle groups, information and examples of electric bicycles, modifications for riders who are concerned about safety and ergonomics and how to determine what kind of bike suits your current lifestyle and plans. Free tickets to the Davis Bicycle Hall of Fame will be available to class participants.

Instructor: Jim Chakedis is an 81-year-old bicycle enthusiast, who rides his seven bikes about 4,500 miles a year. His hundreds of trips have included, the American River Parkway, Tahoe, San Francisco and the Coast Highway.

1 Tuesday	Feb. 1	4:30-6 p.m.
213SNR404	\$25	Bicycle Hall of Fame, Davis

WHY I GIVE

TO THE HEART OF OLLI



"My wife Peggy and I find OLLI to be uniquely enlightening and have not discovered its equal in other lifelong learning programs. Though we've moved from Davis, we earmarked a monthly donation from our investment portfolio to underscore our commitment to OLLI. As retired U.S. diplomats, we appreciate OLLI's distinctive, multi-dimensional value to the community. OLLI classes encourage critical thought about where we're going in life and who we are as world citizens." -Rick Becker

Help OLLI by showing that you share our vision for lifelong learning throughout Yolo County and the region. Make a commitment to monthly giving (as simple as \$10 per month) through our fundraising webpage: **give.ucdavis.edu/go/HeartofOLLI**

The Heart of OLLI fund is administrated by The Regents of the University of California—a qualified charity that provides donors with tax benefits to the full extent of the law. Your gift qualifies for a tax-deduction in accordance with IRS regulations during the calendar year that you make your gift. After making a gift you will receive an email with information that can serve as a receipt for your files. Please consult your tax professional for more information.

Questions? Contact OLLI Director, Lisa Smith-Youngs for more details at (530) 752-9695.



Important Facts about Your Class Enrollments

Your computer is a vital link to OLLI updates!

It's more important than ever before that OLLI members check email for messages from **cpeinfo@ucdavis.edu** or **OLLI@ucdavis.edu**. The OLLI office must employ UC software resources to communicate quickly and efficiently with our members. Updates, assignments and cancellations of OLLI courses are sent via email.

If you receive an email from cpeinfo@ucdavis.edu it is most likely an important message regarding a class for which you are registered.

- Call the Student Services staff at (530) 757-8777 to make sure your email address is up to date in our files.
- Check your computer, tablet and phone email settings to be sure messages from the email sources mentioned above aren't going to your spam folder.
- OLLI excursion course fees are no longer refundable once you have enrolled, unless your vacancy can be filled by our wait list. A \$20 service fee will apply. Please contact OLLI staff at (530) 752-9695 for details.
- There will be no service charge for withdrawal requests prior to the beginning of the quarter. Once the quarter begins, requests to withdraw from a class are subject to a \$20 processing fee, or the member may request a credit to their student account to be used before the end of the academic year. All fees being held at the conclusion of the academic year will be forfeited.
- Check the times of your classes. Some class times vary. Please be courteous to others by arriving on time. If you must leave early, leave during the break if at all possible.



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