

OLLI

COURSE CATALOG

Fall 2023

August 28
Registration begins

October 26
Archeoastronomy: Focus on
the Maya and Inca

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Passing the Baton:
Curiosity Never Retires

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UCDAVIS

BECOME A MEMBER OF

OSHER LIFELONG LEARNING INSTITUTE (OLLI)

Courses and Events for Seniors

OLLI Membership Fees

ANNUAL MEMBERSHIP (Academic Year)

September 25, 2023 – June 30, 2024 **\$75**

QUARTERLY MEMBERSHIP

September 25, 2023 – December 15, 2023 **\$25**

If you are not sure your membership is current, please call Student Services at (530) 757-8777.

To Enroll

By Phone (530) 757-8777

Online cpe.ucdavis.edu/olli

Enrolling online requires an account. If you have questions, call Student Services.

Need help enrolling? Our Student Services team is available by phone to help! Call the number above and leave a message asking for a call back. Include your phone number and an email where you can be reached. Student Services office hours are: Monday-Friday, 8:30 a.m. to 4:30 p.m.

Class Locations

Courses will be offered in person, via Zoom or **hybrid**, to allow participation in either format. In-person and hybrid classes will be held at Watermelon Music, 1970 Lake Blvd. Suite 1, Davis. Locations are subject to change based on public health COVID guidelines. Maps and directions are available on our website.

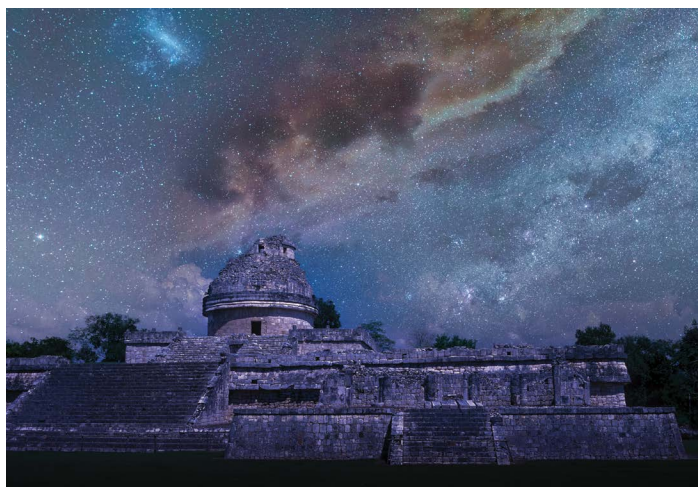
Please check the OLLI UC Davis website for details and updates on class locations or contact our staff at olli@ucdavis.edu.

Exclusive OLLI Membership Offer for Members of UC Davis Retirees' Association (UCDRA) and UC Davis Emeriti Association (UCDEA)

To help build a more sustainable OLLI and engage the many talented, energetic and experienced members of UCDRA and UCDEA, we are offering you a complimentary course credit equivalent to your paid OLLI membership fee.

To receive your course credit, please register for membership and courses by phone at (530) 757-8777 Ext. 1. This offer requires validation of current UCDRA/UCDEA membership, which cannot be verified through our online registration system. For questions and further details, please contact the OLLI office at (530) 752-9695.

OLLI scholarships are available for those in need of financial assistance. Contact the OLLI office to enroll.



The magic and mystery of Chichen Itza. See page 17

Passing the Baton: Curiosity Never Retires

By Lisa Smith-Youngs, Director, Osher Lifelong Learning Institute

AS THE YEARS AND SEASONS CHANGE, so do the learning styles of retirees. But some things remain constant: the passion and commitment of our honored instructors and the truth that *curiosity never retires*.



Instructors Paul Tarczy and Dan Buckley

Our institute recognizes the exceptional dedication of two OLLI instructors who are passing the baton this year: Dan Buckley and Paul Tarczy – long time leaders of *Timely Topics*.

OLLI has an enduring tradition of lively current events/political discussion groups. In fall 2011, longtime class facilitator Charles Judson handed over the reins for his course *Whither America* to Paul Tarczy. Soon, Paul and co-leader Dan Buckley modified the class with their own unique insights and talents, offering internet audio and video clips as assignments with a focus on diverse and thought-provoking topics. **They have dedicated 12 years of nearly perennial classes and commendable service to OLLI and its members! We honor their commitment.**

Paul and Dan are now passing the baton to two new class leaders, Richard Zeiger and Jim Bettinger. Both share extensive experience as professional journalists as well as careers in governmental and academic sectors. Following Paul and Dan's lead, the class will be rebranded with a new title: *In Other News*. We thank Richard and Jim for taking up the charge, honoring a tradition of excellence established by their predecessors.

Paul and Dan have helped make OLLI a meaningful resource for lifelong learning. We are fortunate to share in the wealth of great minds that come together at OLLI to pursue fresh ideas and new horizons.

Important Reminders



Hybrid Classes

In-person and hybrid courses take place in our new classroom at Watermelon Music, 1970 Lake Blvd. Suite 1, Davis. A map is emailed to students in advance of each course.

- Class locations shown as **Hybrid** indicates the class will be offered in-person at the Watermelon Music classroom and simultaneously streamed via Zoom.
- Some instructors will only be available by Zoom. In these cases, the class location is listed as **Zoom** and will only be offered online.
- For in-person classes not included in our hybrid format this quarter, the class location is listed simply as **Watermelon Music**.

Changes in OLLI Class Times

In response to growing feedback from our members, length of most class sessions has been changed to 90 minutes. Some discussion groups and specialty classes may have a longer session length. Be sure to check listed class times to be certain what time to arrive at class.

Check Your Email Regularly for OLLI Updates

Now that OLLI staff work a hybrid schedule (some days at home/some days in the office), course updates, cancellations and location changes are all communicated via email. Class handouts are now only provided by email.









Emails from olli@ucdavis.edu or cpeinfo@ucdavis.edu provide important, timely information on your registrations, messages from instructors or updates from the OLLI office.

COURSES AND EVENTS AT A GLANCE

Exploring new horizons for lifelong learning with new categories and subject matter that speaks to the continuum of life experiences and a greater diversity of interests.

Fall 2023 – Online registration begins August 28

As a helpful reminder, we suggest you circle or highlight the classes in which you have enrolled.

COURSE TITLE	#DAYS	START DATE	COURSE#	FEE	PG
Community					
SPECIAL INTERESTS _____					
Family Stories 	4	Sept. 28	232SNR201	\$60	6
Memoirs: A Writing Workshop 	8	Sept. 26	232SNR205	\$80	6
OLLI Reads 	3	Oct. 20	232SNR200	FREE	6
Wine, Whine and Chat 	8	Sept. 29	232SNR210	FREE	7
TRAVEL _____					
Arts and Crafts from Around the World 	2	Nov. 27	232SNR301	\$40	7
Mount Moriah Apple Farm Tour	1	Oct. 19	232SNR307	\$85	8
Quail Ridge Herpetology Walk	1	Nov. 6	232SNR304	\$35	8
Svalbard: Exploring the Arctic North 	1	Dec. 5	232SNR302	\$25	8
WORLD VIEW _____					
African American Reparations in California 	2	Sept. 27	232SNR308	\$40	9
Discovery					
ART, MUSIC AND THEATER _____					
The Blues and Prison 	1	Nov. 16	232SNR303	\$25	9
From Sound of Silence to Love and Hard Times 	2	Nov. 2	232SNR300	\$40	10
How Broadway Became Broadway 	4	Sept. 28	232SNR310	\$60	10
Opera for Everyone! 	2	Nov. 2	232SNR305	\$40	10
FILM STUDY _____					
Journalism in the Movies	4	Oct. 11	232SNR322	\$60	11
The "Picture Show:" Worldwide Feature Films featuring Movie Theatres	4	Nov. 8	232SNR323	\$60	11
Women's Struggles, Identities and Challenges in Iconic Late-20th Century Film	4	Nov. 7	232SNR320	\$60	11








HISTORY

Controversies in American History 	2	Nov. 7	232SNR330	\$40	12
Elements of Byzantine History 	4	Oct. 4	232SNR333	\$60	12
Fantastical History of the Swastika 	2	Oct. 23	232SNR335	\$40	12





LITERATURE AND PHILOSOPHY

Chaucer's Carnival – The Pilgrims in Society: Part 1 	4	Sept. 26	232SNR342	\$60	13
God: The World Soul	4	Nov. 1	232SNR345	\$60	13
Ms. at 50: The History of Ms. Magazine 	1	Nov. 30	232SNR340	\$25	13
Reading <i>The Iliad</i> – Part 2 	2	Sept. 25	232SNR347	\$40	13

POLITICS AND CURRENT EVENTS


America and the Politics of Fear 	2	Nov. 13	232SNR363	\$40	14
An American Filipino View of Philippine-American History 	1	Oct. 10	232SNR361	\$25	14
Britain and America: The Special Relationship? 	1	Nov. 27	232SNR367	\$25	15
Current Developments in the U.S. Supreme Court 	4	Sept. 25	232SNR360	\$60	15
Geopolitical Rivalries in Africa 	2	Oct. 24	232SNR362	\$40	16
In Other News (formerly Timely Topics) 	8	Oct. 2	232SNR369	\$80	16
Reading <i>The New Yorker</i> (Session 1) 	8	Sept. 29	232SNR365	\$80	16
Reading <i>The New Yorker</i> (Session 2) 	8	Dec. 1	232SNR366	\$80	16

SCIENCE

Advances in Pain Medicine 	1	Nov. 30	232SNR383	\$25	16
Archeoastronomy: Focus on the Maya and Inca 	1	Oct. 26	232SNR380	\$25	17
Aquatic Invasive Plant Control in the California River Delta 	1	Sept. 28	232SNR385	\$25	17
The Fight to Save the Planet 	1	Oct. 3	232SNR387	\$25	17

Longevity

HOME AND GARDEN

Teapots, Tea and the Global Tea Institute 	1	Oct. 27	232SNR390	\$25	18
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WELLNESS

Cannabinoids and Pseudo Cannabinoids 	1	Nov. 29	232SNR407	\$25	18
Mindfulness and Self-Compassion Practices 	4	Oct. 23	232SNR402	\$60	19
Prevention: Avoiding Illness and Truly Understanding Wellness 	1	Oct. 26	232SNR404	FREE	19

 = Hybrid (classroom and Zoom)

 = Zoom Only

SCHEDULE OF COURSES AND EVENTS

Fall 2023 Enroll early! Classes begin Monday, September 25

Community



SPECIAL INTERESTS

Family Stories

You've been telling yourself for years to capture those family stories in print—how your legs stuck to the chair in summer school typing, the time Grandma let you drive her car on the island when you were 13 or the history of your hair. This online class will launch your family stories with short weekly assignments, in-class freewriting and writing exercises, mini-lessons in style and self-editing, and feedback.

Instructor: Robbie Fanning taught upper division nonfiction writing at San Jose State University and worked in publishing, editing 121 books and writing 12. She has a degree in writing/publishing, a master's in instructional design and a teaching certificate in teaching English as a second language. She loves to write and to teach writing.

4 Thursdays **Sept. 28-Oct. 19** **1-4 p.m.**
232SNR201 **\$60** **Zoom**

Memoirs: A Writing Workshop

The legacy of your personal stories has great value to your family and to other people, too. Several memoirs and stand-alone memoir stories have been published out of this class, which operates like a writer's workshop. Every week students write a three- to four-page memoir piece or personal essay and receive feedback and ideas on grammar and punctuation, story structure and the use of literary technique. Everyone will have the opportunity to read two or more of their stories to the class for an in-depth critiquing session. Join us on the memoirists' journey where we make meaning and art of our life experience.

Instructor: Kit Kirkpatrick is a certified memoirist, having completed "Writing Down the Soul" at the Pacifica Graduate Institute in Santa Barbara. She holds a Life Teaching Credential from UC Davis and a master's degree in communications from CSU Sacramento. She has been a publicist, owned a public relations agency and published a statewide magazine, *California Restaurateur*.

8 Tuesdays **Sept. 26-Nov.14** **12:30-3:30 p.m.**
232SNR205 **\$80** **Zoom**

OLLI Reads

Stephen King said "Books are uniquely portable magic." Join us on an enchanting journey with three very different literary works by Pulitzer Prize winning authors. We'll read Barbara Kingsolver's updated Dickensian story set in southern Appalachia, *Demon Copperhead* (2023 Pulitzer Prize winner for fiction), which follows a boy struggling to overcome poverty, foster care and child labor. Next, we'll look at Ed Yong, a writer for the *Atlantic Monthly* and described as the future of science journalism, as he takes us into a world of animal perception beyond our own very limited human comprehension in *An Immense World*. Finally, the classic *The Yearling* by Marjorie Kinnan Rawlings, which deals with very current themes of love, family, loss and trust in childhood.

Instructor: Mike Elfant has more interests than time to delve into them all. Besides a public health career promoting health and good food, he has taught ESL in the U.S. and Thailand, led adult education and reading programs at a homeless shelter, and loves to compose and perform spoof songs.

3 Fridays **Oct. 20, Nov. 17** **2-3:30 p.m.**
 Dec. 15
232SNR200 **FREE** **Zoom**

Wine, Whine and Chat

Join OLLI members on Zoom on Friday afternoons for an hour of stimulating discussion and laughter. It's an open forum to share what's on your mind and a great way to end your week with OLLI friends. Bring your favorite beverage, relax and enjoy the camaraderie.

Note: OLLI membership required.

Instructors: Brenda Turner served many terms as chair of the OLLI Curriculum Committee. She was a speech pathologist for the Yolo County Office of Education for 27 years. Brenda holds degrees in linguistics from UC Davis and speech pathology from CSU Sacramento. She has facilitated several discussion groups for OLLI.

Rick Becker specialized in Latin-American and Eastern-European affairs during a 30-year diplomatic career with the U.S. State Department. He served as chief of mission in Panama and as foreign affairs advisor to the chief of staff of the U.S. Army. He has received numerous awards and commendations and has held several university faculty positions.

8 Fridays	Sept. 29-Nov. 17	4-5 p.m.
232SNR210	FREE	Zoom

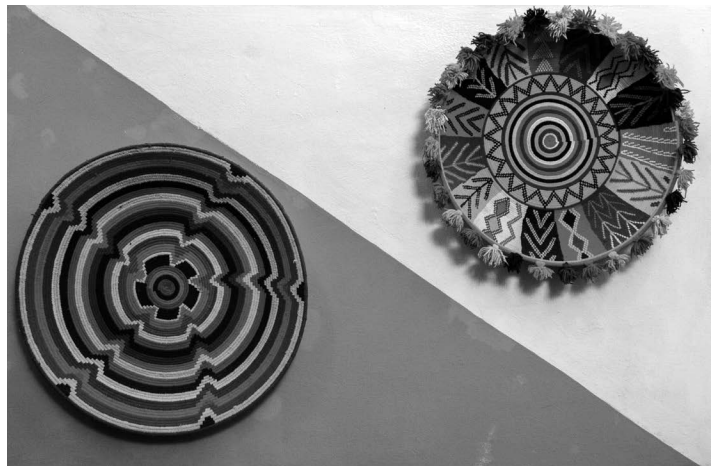
TRAVEL _____

Arts and Crafts from Around the World

See artifacts from around the world, collected during the instructor's 10 years of living overseas, along with other *objets d'art* gifted to the instructor by friends and family members who also lived abroad. Intriguing stories behind each object will be told, thereby including histories of some of the countries represented. In session two, class members will be invited to "show and tell" their own travel artifacts.

Instructor: Barbara Drushell has degrees in classics (Greek and Latin language and literature) from Douglass College and Harvard University. She was a teaching fellow at Harvard and an instructor at Ohio State University. Drushell continued her career as a lecturer in English, specializing in writing and poetry at California State University, Bakersfield.

2 Mondays	Nov. 27 & Dec. 4	10:30 a.m.-noon
232SNR301	\$40	Hybrid



Woven decorative baskets, courtesy of Karim Manjra, Unsplash

Mount Moriah Apple Farm

With acres growing apples, peaches, pluots, grapes, cherries, nectarines and more, Steve and Robin Smit have worked hard to build their reputation of family and wholesome organic farming. On our visit to their Lodi farm, we'll learn the challenges of water use, climate change and how to pick the 'perfect' fruit in a personal tour. We'll also stop for a no-host lunch at a local restaurant, before making our return trip to Davis.

Note: Be prepared to walk unassisted on rough and uneven ground. The tour will require standing in place for extended periods of discussion. Please wear sturdy, comfortable shoes and clothing appropriate to the weather. Parking for bus pickup and further details will be provided via email one week in advance of the tour.

Instructors: Steve and Robin Smit began their work in organic farming in 1998. They have been a part of the Davis Farmers Market for 20 years, where Steve is also on its board of directors. Through a variety of economic conditions, they have established their farm as a prime producer of organic produce in both Northern and Southern California.

1 Thursday Oct. 19 9 a.m.-4 p.m.
232SNR307 \$85 Bus Trip

Quail Ridge Herpetology Walk

The term "herp" derives from the word "herpetology," which is the study of amphibians and reptiles. Herp transects at Quail Ridge are designed to monitor the occurrence of different species of reptiles, frogs and salamanders under wooden and metal boards that are placed along the transect. These "herp boards" provide habitat and shelter often favored by many different animals and offer opportunities for us to take a peek into their world. We will split into one or two groups and walk one of these transects to inspect each herp board and record what we find. After returning to the field station amphitheater we will discuss the survey findings. We will then spread the group out so that each student can spend some time reflecting on their experience through the writing of a poem, a sketch, an idea, a topic or anything that appeals to their artistic perspective. Driving directions will be provided one week prior to class. This is a private research station not open to the public.

Instructor: Paul Havemann is the manager of the Stebbins Cold Canyon Reserve in California's Inner Coast Range. He has a graduate degree in environmental development from the University of KwaZulu-Natal in South Africa and worked for the conservation agency Ezemvelo KZN Wildlife for 20 years as a wilderness guide and assistant park manager in the Hluhluwe-iMfolozi Park.

1 Monday Nov. 6 9:30 a.m.-noon
232SNR304 \$35 UC Davis Quail Ridge Reserve

Svalbard: Exploring the Arctic North

Come and experience the Arctic on a Russian exploration ship as we visit Svalbard, Norway's Arctic archipelago, replete with glaciers, icebergs, polar bears, walrus and much more. It's a land of strange plants, animals and history. Photos include those from daily Zodiac pontoon boat visits to old whaling sites, coal mines and the world's seed bank! Enjoy some great vistas of a unique and wonderful landscape.

Instructor: Marvin Goldman is an emeritus professor of biophysics at UC Davis with a half-century of national and international experience and expertise in risk assessment. He is the former director of the UC Davis Laboratory for Energy-Related Health Research and has traveled to many remote destinations on the planet in his work and private life.

1 Tuesday Dec. 5 2-3:30 p.m.
232SNR302 \$25 Zoom



A polar bear warning sign in Svalbard, courtesy of Franconian – creative commons

African American Reparations in California

This course examines why nations and institutions commit to making reparations to groups that they have harmed. Germany, for example, has made reparations for many harmful actions, including the Holocaust. The United States has made reparations to Japanese Americans for their unjustified incarceration and loss of liberty and property. Georgetown University has committed to reparations for African Americans, as has Harvard University. While California has not committed to reparations to African Americans, it has commissioned a task force to study the issue and make recommendations as to the nature and types of appropriate reparations.

Instructor: Desmond Jolly holds masters and doctoral degrees in economics from the University of Oregon. He taught economics at the University of Oregon and at Lane Community College in Eugene, Oregon. He also taught at Federal City College (now the University of the District of Columbia), serving as chair of the Department of Economics and at Howard University in Washington, D.C. He was a faculty member of the Department of Agricultural and Resource Economics at UC Davis from 1971 to 2006.

2 Wednesdays Sept. 27-Oct. 4 2-3:30 p.m.
232SNR308 \$40 Hybrid

Discovery



The Blues and Prison

Many blues songs reference jail, prison and even capital punishment. From Bessie Smith’s “Send Me to the ‘Lectric Chair” to Kansas Joe McCoy and Memphis Minnie’s “Joliet Bound,” blues document a history of African American incarceration. We will explore the legal system as it developed after Reconstruction, which aimed to put the Black population to work for the state and for powerful individuals. Discussion will include vagrancy statutes, convict lease, chain gangs and debt peonage as reflected in the blues.

Instructor: Julia Simon is a cultural historian who works on the blues and eighteenth-century France. She is the author of *Debt and Redemption in the Blues: The Call for Justice* (Penn State University Press, 2023).

1 Thursday Nov. 16 2-3:30 p.m.
232SNR303 \$25 Hybrid



Bessie Smith, 1936 – courtesy of Wikipedia

From Sound of Silence to Love and Hard Times

Paul Simon is arguably one of the greatest songwriters of the last hundred years. His 16 Grammy Awards, induction into the Grammy Hall of Fame, selection as a two-time Rock and Roll Hall of Fame inductee and recipient of the Library of Congress' first Gershwin Prize for Popular Song in 2007 are only a partial list of his accomplishments. After his highly successful career as part of Simon and Garfunkel, he pursued a solo career that now spans more than 50 years. He has remained an innovative songwriter, singer and musician. Simon is a master of a wide range of genres, including African, reggae, Latin, gospel and more. Together we'll listen to and discuss some of his masterpieces. Class participation is encouraged.

Instructors: Larry Lobre, M.P.A., worked for decades in social services and was the director of professional services at UC Davis Continuing and Professional Education's Human Services. His long-time interest in music includes singing and playing in various bands for many years. Lifelong learning is his passion.

Dennis Pendleton has focused much of his career on community engagement and outreach at UC Davis over the past 40+ years. He retired after serving 14 years as dean of UC Davis Continuing and Professional Education. He is an avid fan of all types of music.

2 Thursdays **Nov. 2 & 9** **10-11:30 a.m.**
232SNR300 **\$40** **Zoom**

How Broadway Became Broadway

This course explores how Broadway became the focal point of American commercial theatre, beginning with the city's expansion north of Wall Street in the 17th century to the tumultuous 19th century when immigration, economic upheaval, social divisions, industrial growth and aesthetic changes led to Broadway becoming the heart of the professional theatre world. We will also trace how theatre became entertainment for the masses and how industry sought to channel this success as both a means of social influence and political control. We'll look at how this sowed the seeds for a new theatrical aesthetic, as well as commercial exploitation and audience manipulation, resulting in the newest form of entertainment technology—film— which inevitably led to the decline of live stage in the mid-20th century.

Instructor: Peter A. Davis retired in 2017 from the University of Illinois at Urbana-Champaign after 40 years in the classroom, where he served as Chair of Theatre Studies and MA/Ph.D. Programs, as well as director of Graduate Studies. He is also a professional actor, director and author.

4 Thursdays **Sept. 28-Oct. 19** **10:30 a.m.-noon**
232SNR310 **\$60** **Hybrid**

Opera for Everyone!

Opera is one of the most thrilling (but misunderstood) art forms, yielding immense rewards for anyone open to engaging with it. As opera becomes more accessible to wider audiences, both virtually and live onstage, the need for what opera provides—the sense of awe and deep human connection—has never been stronger. We will explore opera's rich history and consider powerful works by living composers, addressing issues like school shootings and child sexual abuse. In addition to major opera companies in San Francisco and Los Angeles, we'll also learn about the important work of California's regional companies and discover cutting-edge ensembles and new works commissioners in our midst. All "opera curious" are welcome.

Suggested Reading: *Opera 101: A Complete Guide to Learning and Loving Opera*, Fred Plotkin, Hyperion New York, 1994

Instructor: Judith Frankel is a Davis-based writer and development consultant. She has held leadership positions at Bay Area performing arts organizations, including San Francisco Opera. Judith is proof that one doesn't need special expertise to enjoy opera. She has traveled extensively to enjoy unforgettable performances of classic, modern and contemporary works.

2 Thursdays **Nov. 2 & 9** **2-3:30 p.m.**
232SNR305 **\$40** **Hybrid**

FILM STUDY

Journalism in the Movies

If journalism shapes the way we view the world, then the movies may also shape the way we view journalism. Newspapers and television news have been a source material for motion pictures for decades. This class will examine four examples, each with its own view of how journalism is actually practiced: *His Girl Friday*, *Good Night and Good Luck*, *Absence of Malice* and *Spotlight*. Two former journalists are the hosts for this class.

Instructors: Richard Zeiger spent the first half of his life as a journalist. Most of the second half he worked for the state legislature. During his last four years, he was chief deputy of the California Department of Education.

Jim Bettinger is director emeritus of the John S. Knight Journalism Fellowships at Stanford. He retired in 2016, after 16 years as director and 11 years as deputy director. He worked for daily newspapers for 20 years, as a reporter, editorial writer and editor at the Riverside (California) *Press-Enterprise* and the *San Jose Mercury News*.

4 Wednesdays Oct. 11-Nov. 1 1-4 p.m.
232SNR322 \$60 Watermelon Music

The “Picture Show:” Worldwide Feature Films featuring Movie Theatres

Since movies began, they have depicted people’s love for “film houses,” such as Griffith’s five-minute film, *Those Awful Hats* (1909). Most films concerned running the theater itself, from economics to machinery, or the theater as a messenger of cinematic magic. We will sample a taste of this genre, including Buster Keaton’s surreal silent short, *Sherlock, Jr.* (1924); then Britain’s *The Smallest Show on Earth* (1957), about the frustrations of ownership; *The Majestic* (2001), focusing on the America in the 50s; Frances’ *My Life With James Dean* (2017), involving a small Normandy film festival and its eccentric village community; and India’s *Last Film Show* (2021), depicting a new take on a boy’s obsession with film.

Instructor: Rene Viargues taught a variety of classes (Art of the Cinema, English, government and history) at the California Maritime Academy from 1974-2004. He received master’s degrees from UC Berkeley (political science) and the University of Pennsylvania, where he completed post-MA studies in the American Studies Program.

4 Wednesdays Nov. 8-29 1-4 p.m.
12-4 p.m. on Nov. 15
232SNR323 \$60 Watermelon Music

Women’s Struggles, Identities and Challenges in Iconic Late-20th Century Film

Explore 60 years of the changing identity of women’s roles in film as seen through the lens of multiple directors. Many artistic filmmakers reflect current social conditions while informing us about oppression, power and gender identity. Two films – *Whale Rider* and *Real Women Have Curves* – will provide the opportunity to discuss women fighting against deeply entrenched power structures in the past and today. The films *Julia* and *North Country* illustrate women challenged by race relations and oppression. Class discussion of each film will inform our perspective and strengthen the resolve for change. This course will be highly interactive with participants encouraged to share real-life scenarios with the goal of better understanding, confronting and altering entrenched gender paradigms.

Instructor: Deberah Bernstein had her own law firm in Chicago for 30 years. She taught gender rights and social justice at Northeastern Illinois University for 17 years, where she won an outstanding teacher award. She also worked with Chicago Legal Aid for Incarcerated Women, and the Cook County PINS Children’s Court.

4 Tuesdays Nov. 7-28 1-4 p.m.
232SNR320 \$60 Watermelon Music

Controversies in American History

In this course we will explore recent controversies in how we view and teach American history. We will begin with the debate over Confederate monuments. What is the history of these monuments? Should these be removed from public view? Are we just wiping away our history? Should we distinguish between monuments that celebrate the Confederacy and those that honor other important figures in American history? This will be a discussion class led by two historians.

Suggested Supplemental Reading: *No Common Ground: Confederate Monuments and the Ongoing Fight for Racial Justice*, Karen L. Cox, UNC Press, 2021

Instructors: Don Fraser is an American historian who has published articles and two books on early American history. He has taught numerous classes for OLLI in the past, largely around the themes from his books.

Joan Griffin is a writer and historian who specializes in first ladies. She has also taught classes on first ladies at both OLLI at UC Davis and OLLI at Sierra College.

2 Tuesdays **Nov. 7 & 14** **10-11:30 a.m.**
232SNR330 **\$40** **Zoom**

Elements of Byzantine History

Join us for the study and discussion of a few elements of the long 1,100-year history of the Eastern Roman Empire. We will begin with a look at barbarian migrations into the empire. We will also examine the decline of the population, the long wars with Persia, a few dynastic struggles and the development and turmoil within early Christianity.

Instructor: Chuck Cooper is a retired senior vice-president of the American Arbitration Association, teaching arbitration, mediation and negotiation. He received a master's degree in history with an emphasis on the British Empire from California State University, Fresno. He remains a life-long student of British and Roman history. Prior to moving back to California, he taught history classes for OLLI at Southern Oregon University.

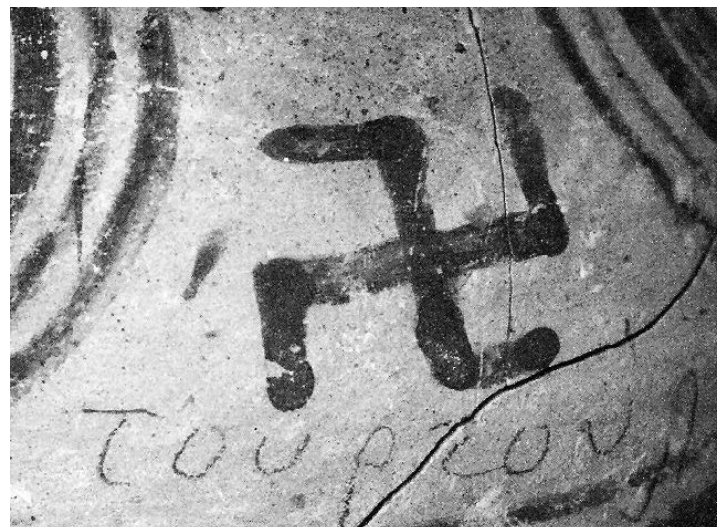
4 Wednesdays **Oct. 4-25** **10:30 a.m.-noon**
232SNR333 **\$60** **Hybrid**

Fantastical History of the Swastika

Around 1,200 years ago, a human carved a distinctive design onto a mammoth bone. It is the oldest known Swastika, which for centuries was held in various degrees of symbolism and esteem on several continents and by countless cultures. The Swastika (from Sanskrit, meaning well-being) has symbolized peace and joy in India for thousands of years. Prior to 1920, the Swastika was a popular design in the West on greeting cards, soft drinks, buildings and sports uniforms. More than a few Native American tribes wove the Swastika into blankets, baskets and painted it on pottery. This class will explore the fantastical history and journey taken by this benevolent and organic design and its ignoble use in Nazi Germany.

Instructor: Gopal Kapur, a noted authority on management excellence, has authored three textbooks and lectured at Harvard University, The Brookings Institution, UC Berkeley and UC Davis. The President of India awarded him the Distinguished Achievement Award. He and his wife Darlene founded FamilyGreenSurvival® to end local hunger and provide nutrition education.

2 Mondays **Oct. 23 & 30** **2-3:30 p.m.**
232SNR335 **\$40** **Zoom**



A swastika shown on a Minoan pottery shard from Crete, courtesy Agon S. Bucholz

Chaucer's Carnival – The Pilgrims in Society: Part 1

Geoffrey Chaucer is known for ribald tales and sly senses of humor, but his major work, *The Canterbury Tales*, is also a source of exquisite detail about English society towards the end of the 14th century. Told by a variety of pilgrims, including the Knight, the Squire, the Nun's Priest, the Monk, a Haberdasher, the Cook, the Summoner and Chaucer himself—all have backgrounds to illuminate, and the course will try its best to do so!

Suggested Reading: Internet passages from the *The Canterbury Tales*' prologue. Reading links provided in advance by the instructor via email.

Instructor: Kevin Roddy has taught medieval literature since 1972 at UC Davis, Loyola University, New Orleans and the University of North Carolina at Chapel Hill. He has published on the Man of Law's Tale and medieval and classical spirituality. He loves teaching for OLLI because the students are full of curiosity, making instruction a breeze and a joy.

4 Tuesdays **Sept. 26-Oct. 17** **2-3:30 p.m.**
232SNR342 **\$60** **Zoom**

God: The World Soul

Process theology uses the image of the "world soul" as a proper way to understand God. The roots of that image go back to Plato, and it is found in such persons as Ralph Waldo Emerson and in the writings of many non-Western religions. We will explore the basic tenants of process thought and discuss how the notion of a "world soul" makes an intrinsic connection among all living beings.

Suggested Reading: A series of suggested titles will be sent one week in advance of class.

Instructor: James Goss, Ph.D., is professor emeritus of California State University, Northridge, and taught there for over 30 years in the Religious Studies Department

4 Wednesdays **Nov. 1-22** **10-11:30 a.m.**
232SNR345 **\$60** **Watermelon Music**

Ms. at 50: The History of Ms. Magazine

Ms. magazine is celebrating its 50th anniversary in 2023. Join in the conversation with your memories of this pioneering magazine as the managing editor discusses the new book, *50 Years of Ms.: The Best of the Pathfinding Magazine That Ignited a Revolution*, and her own insights into the impact of the publication. Class participants will receive a free copy of the *Ms.* 50th anniversary issue.

Instructor: Camille Hahn is the managing editor at *Ms.* In her 15+ years with the magazine, she has served as research editor, associate editor, features editor, copy editor and proofreader. Previously, she worked as an associate editor at *Bon Appétit*. She lives in Davis, California.

1 Thursday **Nov. 30** **2-3:30 p.m.**
232SNR340 **\$25** **Zoom**

Reading *The Iliad* – Part 2

With 19,000 lines of poetry and a huge cast of characters, human and divine, Homer's *Iliad* can be confusing, even intimidating. Yet behind its complex façade is a poem that is unsurpassed in its ability to convey human emotions and relations. We will read selections from the *Iliad* with special attention to the place of the *Iliad* in the legend of the Trojan War and the poem's concept of a hero. We will meet aspects of the human experience that are still with us: quarrels between two selfish egos, deep bonds of affection between husband and wife, and the agony of parents as they watch their children die. The poet's gift for storytelling has created a powerful narrative that continues to move us today.

Suggested Reading: An English translation of the *Iliad*. Robert Fagles' translation is recommended but other translations can be used.

Instructor: Lynn Roller is an emerita professor of classics and art history at UC Davis. Her teaching includes the cultures of the ancient Near East, Greece and Rome. A veteran of archaeological research in Greece, Turkey and Bulgaria, she has a special interest in early Greek mythology in literature and art.

2 Mondays **Sept. 25 & Oct. 2** **10:30-noon**
232SNR347 **\$40** **Hybrid**

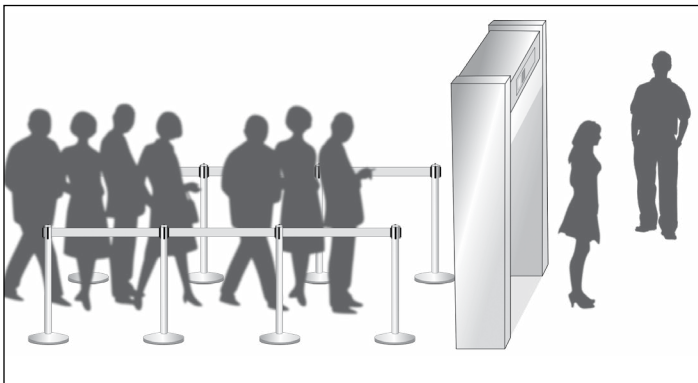
America and the Politics of Fear

Over the last 60 years, fear has seeped into every area of American life. Americans own more guns than citizens of any other country, sequester themselves in gated communities and retreat from public spaces. We have tolerated the installation of metal detectors in public buildings and full-body scans at airports, and permitted unprecedented government intrusion into our private lives. Yet crime rates have plummeted, making life in America safer than ever. Why, then, are Americans so afraid—and what does this fear lead to? This course seeks to examine these questions and propose some answers.

Suggested Reading: *Fortress America: How We Embraced Fear and Abandoned Democracy*, Elaine Tyler May, Basic Books (2020)

Instructor: Elaine Tyler May is regents professor emerita of American studies and history at the University of Minnesota. Her work is focused on post-World War II American culture.

2 Mondays **Nov. 13 & 20** **2-3:30 p.m.**
232SNR363 **\$40** **Zoom**



Universal airport security checks have become commonplace since 2001

An American Filipino View of Philippine-American History

Gain insights into Philippine-American history from the first arrival of Filipinos in 1587 to the Philippine-American war and the colonization of the country that allowed thousands of Filipinos to come to the U.S. as “American Nationals.” Journalist and author Emil Guillermo, whose father was in that first group of Filipinos, shares a first-hand story of how the Filipinos were treated in California. He includes the story of Filipino American labor leader Larry Itliong and his role as the unsung instigator of the Delano Grape Strike of 1965, often seen as the merger of civil rights and the labor movement in America.

Instructor: Emil Guillermo is an award-winning journalist and has written extensively on Asian American and Filipino history. A former host of NPR’s “All Things Considered,” his compilation of columns on Asian American issues won an American Book Award in 2000. He now writes on the Asian American Legal Defense and Education Fund website.

1 Tuesday **Oct. 10** **10-11:30 a.m.**
232SNR361 **\$25** **Zoom**



Larry Itliong, courtesy of the National Park Service

Britain and America: The Special Relationship?

Don't discount Britain. Even after Brexit, the United Kingdom is still in the top tier of economies, militaries, aid donors and innovators in science, scholarship and the performing arts. It shares history, humane values and close working relations with the United States in diplomacy, human rights promotion, peacekeeping and deterrence of aggression around the world, such as support of Ukraine. Despite turbulent relations with neighboring Ireland, France and the European Union, Britain remains not only an exemplar of democratic civility but also a beacon attracting investors, entrepreneurs, scholars, tourists and ambitious migrants from afar. With illustrative slides, this session will explore Britain's contributions to the United States, Europe, Asia-Pacific and the rules-based international order, as well as discussion of Britain's future.

Instructor: Professor Stephen Hoadley, who spent a month this year observing politics and policies in London, is a veteran academic, author, media commentator and public speaker. An American based in New Zealand, he has taught OLLI courses on international affairs for the last three years, and is active in OLLI discussion groups, all by Zoom.

1 Monday	Nov. 27	2-3:30 p.m.
232SNR367	\$25	Zoom

Current Developments in the U.S. Supreme Court

This on-going course with a former UC Davis School of Law instructor will present and discuss current developments in the United States Supreme Court. To provide context, the historical background and constitutional doctrines underlying the issues will be presented. For example, if a gun control case is decided, the class will cover the history and adoption of the Second Amendment as well as the current question before the Court. Readings and timely articles will be provided by the instructor.

Instructor: Margaret Johns received the Distinguished Teaching Award, the Distinguished Public Service Award and the Alumna of the Year Award while teaching at the UC Davis School of Law. She founded the school's Civil Rights Clinic and has been recognized by federal trial and appellate courts for her pro bono service.

4 Mondays	Sept. 25-Oct. 16	2-3:30 p.m.
232SNR360	\$60	Hybrid

Geopolitical Rivalries in Africa

The recent flare-up of fighting in Sudan is one of several conflicts troubling modern Africa. Examine the geography, resources, pre-colonial governance, colonial rule and independence struggles that shape the current problems and opportunities that Africa manifests. We will analyze and assess America's neglect and re-discovery, China's resource opportunism, Russia's spoiling infiltrations, and lingering British, French and Spanish interventions. We will also investigate how African leaders pursue their aims and actions in this shifting geopolitical arena. The first session will be devoted to continental history and sub-Saharan Africa where most resources are contested, and the second to north Africa where most geopolitical rivalries are played out.

Instructor: Stephen Hoadley. See bio on page 15.

2 Tuesdays **Oct. 24 & 31** **2-3:30 p.m.**
232SNR362 **\$40** **Zoom**

In Other News (formerly Timely Topics)

The firehose of news and information is overwhelming—how are we to make sense of it? Class members will sift through a few readings each week to help understand a specific topic, event or trend. Then, guided by the class discussion leaders, participants will share their thoughts, impressions, knowledge and conclusions with each other. Each week's subject will be drawn from the headlines. Together, we will drill deeper so the session ends with everyone better informed.

Instructors: Richard Zeiger and Jim Bettinger. See bios on page 11.

8 Mondays **Oct. 2-Nov. 20** **10 a.m.-noon**
232SNR369 **\$80** **Zoom**

Reading *The New Yorker* (Sessions 1 and 2)

This course is an ongoing participation-discussion seminar based on weekly selections from *The New Yorker* magazine. **Limited enrollment. No sessions Nov. 24 & Dec. 8 & 29**

Instructor: Michael Pach retired from a lengthy career in information system security validation and verification. He and his wife live in Davis, endlessly catching up with all of the things he postponed while working and raising a family.

SESSION 1

8 Fridays **Sept. 29-Nov. 17** **10 a.m.-noon**
232SNR365 **\$80** **Zoom**

SESSION 2

8 Fridays **Dec. 1-Feb. 2** **10 a.m.-noon**
232SNR366 **\$80** **Zoom**

SCIENCE _____

Advances in Pain Medicine

Review three significant new approaches to developing pharmaceuticals for the treatment of pain, currently in clinical development. The first is a safer oral opioid analgesic with substantially lower abuse potential and overdose protection. The second is an oral non-opioid analgesic with a novel mechanism of action, which has already shown efficacy in animals with natural onset osteoarthritis or neuropathic pain. The third is a DNA-based product that may have the first-ever restorative activity in diabetic patients with neuropathic pain. The instructor is personally leading the clinical development of all three products. If approved by the FDA, any one of these could be transformative in the treatment of pain.

Instructor: Dr. Bill Schmidt is a graduate of UC Berkeley and UC San Francisco. He has developed multiple FDA-approved products for pain or drug abuse while working for large and small pharmaceutical companies in the U.S. and internationally. He currently works as an independent consultant from his office in Davis.

1 Thursday **Nov. 30** **10:30 a.m.-noon**
232SNR383 **\$25** **Hybrid**

Archeoastronomy: Focus on the Maya and Inca

Mysteries have long dwelled in the night sky. From storytelling nomads of the African savanna, through Bronze Age cultures around the world and into the modern technological age, we have been guided, misguided and enchanted by the night sky. Although it is thought that the great majority of the world's population was illiterate until the 19th century, the wisdom and intellectual achievements of many of the early indigenous cultures were quite advanced. All around the world, astronomy has been incorporated into architecture, guiding human affairs, mythology, mathematics and communal planning. Many cultural groups developed complex, intricate and accurate systems to guide their lives. In this presentation, you will learn about some of the thinking of these ancient sky-watchers and a bit about their mythology.

Suggested Reading: *The Dawn of Everything: A New History of Humanity*, David Graeber and David Wengrow, Picador Paper (2023)

Instructor: Scott Perry was raised in Chico, served in the U.S. Navy, obtained his B.A. in physics at CSU Chico, then did graduate research at the Crocker Nuclear Lab. He obtained a master's degree in physics in 1972 from UC Davis. After 30 years of teaching at American River College, Scott taught another 15 years as a volunteer for OLLI in Chico.

1 Thursday	Oct. 26	2-3:30 p.m.
232SNR380	\$25	Hybrid

Aquatic Invasive Plant Control in the California River Delta

The California Division of Boating and Waterways has helped control aquatic invasive plants in the California river delta for over 40 years. The Aquatic Invasive Plant Control Program (AIPCP) utilizes Integrated Pest Management to continue these efforts today. This presentation will provide a background of the AIPCP while discussing control tools, the targeted invasive aquatic plants and the impact the plants could have if left unmanaged.

Instructor: Jeffrey Caudill is a senior environmental scientist (supervisory) with the California Department of Parks and Recreation. Jeffrey received his B.S. in chemistry and his M.S. in environmental health and regulatory toxicology. He spent 13 years in the chemical industry and seven years with the California Department of Parks and Recreation.

1 Thursday	Sept. 28	2-3:30 p.m.
232SNR385	\$25	Zoom

The Fight to Save the Planet

Earlier this year, the authoritative Intergovernmental Panel for Climate Change declared that “the pace and scale of climate action are insufficient to tackle climate change.” They also pointed out that we need to cut global greenhouse gas emissions by nearly half by 2030. So how are we doing? We will look at the extent to which current efforts might allow us to address the economic, social, political, cultural and technological challenges posed by this and related goals. We will also discuss “silver bullets,” like carbon sequestration and geoengineering, that might allow us to avoid catastrophic climate change. Finally, we will discuss which actions make sense for individuals and which ones don't, given the challenges and realities of the situation.

Instructor: Ken Verosub is distinguished professor emeritus in the Department of Earth and Planetary Sciences at UC Davis. His interests range from understanding the behavior of the Earth's magnetic field to deciphering the Earth's climate. For many years, he has also been studying the interface between geologic processes and human activity.

1 Tuesday	Oct. 3	10:30 a.m.-noon
232SNR387	\$25	Hybrid



Cannabinoids and Pseudo Cannabinoids

Teapots, Tea and the Global Tea Institute

When was a teapot first formed and why? How did the shape, so ubiquitous today, spread around the world? What is tea? Where does it grow? Why is it good for you—is it good for you? What makes it special? How do you brew a good cuppa? Why should we study tea? This talk focuses on the cultural history of tea in China; the development of the teapot, tracing it around the world; and explains UC Davis’ own Global Tea Institute for the Study of Tea Culture and Science, an institute unique in the world for its holistic and multidisciplinary study of tea.

Suggested Reading: *The True History of Tea* by Victor H. Mair and Erling Hoh, New York: Thames & Hudson, 2009. *The Tea Girl of Hummingbird Lane: A Novel* by Lisa See and Ruthie Miles, Large Print Press (2018)

Instructor: Katharine Burnett is professor/chair of art history and founder/director of Global Tea Institute for the Study of Tea Culture and Science at UC Davis. A lover of teapots, her research led to the founding of the Global Tea Institute and asks questions such as: What is culture? How is culture formed? What are the forces that shape cultural values?

1 Friday **Oct. 27** **2-3:30 p.m.**
232SNR390 **\$25** **Zoom**

There can be a fine line between therapeutic intervention and substance abuse, and this point is clearly exemplified in herbal cannabis and its products. Therapies involving cannabis have been the treatment of last resort for some types of epilepsy and this has been among the strongest medical justifications for legalization of marijuana. In order to circumvent the narcotic effects of tetrahydrocannabinol (THC), many studies have focused on its less intoxicating isomer cannabidiol (CBD). However, CBD, like all-natural cannabinoids, is a controlled substance in most countries and its conversion into THC can be easily performed using common chemicals. We will consider the therapeutic potential of fully synthetic analogs of the herbal cannabinoids (“pseudo cannabinoids”) that are efficacious, legal, non-narcotic, abuse-proof, non-controversial, cheap and environmentally green.

Instructor: Mark Mascal earned his Ph.D. in London and conducted postdoctoral research with a Nobel Prize winner at the University of Strasbourg. He worked as an academic in the UK before coming to UC Davis in 2003. His research centers on applications of synthetic chemistry to molecular physics, medicinal chemistry and sustainability.

1 Wednesday **Nov. 29** **10-11:30 a.m.**
232SNR407 **\$25** **Zoom**



Multiple varieties of loose tea leaves, courtesy Alice Pasqual, Unsplash

Mindfulness and Self-Compassion Practices

This four-session course will offer continuing instruction and practice in Mindfulness meditation with an emphasis on self-compassion. The class will be scaffolded with lessons that gently develop our understanding of how attention, intention and receptivity come together in a daily practice that cultivates kindness over reactivity.

Instructor: Sue Banducci has been involved in education for over four decades. Sue is an artist, educator and Davis resident. She has been practicing Mindfulness meditation for 16 years and is credentialed by the Awareness Training Institute and the Greater Good Science Center at UC Berkeley.

4 Mondays Oct. 23-Nov. 13 2-3:30 p.m.
232SNR402 \$60 Zoom

Prevention: Avoiding Illness and Truly Understanding Wellness

Until recently, health systems were designed mainly as a response to disease and emergent medical conditions, where patients are diagnosed and triaged to clinicians for treatment. What if those same experts were to help patients avoid these issues whenever possible? UC Davis Health's new Office of Wellness Education was founded with a mission to use science to provide patients with research-based options proven to help achieve wellness goals. Beyond diet and sleep hygiene, the program will incorporate multiple dynamics such as environmental and social factors that play a role in wellness. Time for audience questions will be provided during the program.

Instructor: Scott Fishman is professor, chief of the division of pain medicine and executive vice chair for the Department of Anesthesiology and Pain Medicine at UC Davis and director for the UC Davis Center for Advancing Pain Relief. He was chosen as the first Endowed Chair in Wellness at UC Davis Health, where he leads a team in redefining approaches to wellness and good health.

1 Thursday Oct. 26 10-11:30 a.m.
232SNR404 FREE Zoom

WHY I GIVE TO THE HEART OF OLLI

"My wife Peggy and I find OLLI to be uniquely enlightening and have not discovered its equal in other lifelong learning programs. Though we've moved from Davis, we earmarked a monthly donation from our investment



portfolio to underscore our commitment to OLLI. As retired U.S. diplomats, we appreciate OLLI's distinctive, multi-dimensional value to the community. OLLI classes encourage critical thought about where we're going in life and who we are as world citizens." -Rick Becker

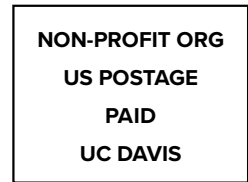
Help OLLI by showing you share our vision for lifelong learning. Make a commitment to monthly giving (as simple as \$10 per month) through our fundraising website:

give.ucdavis.edu/go/HeartofOLLI

The Heart of OLLI fund is administered by The Regents of the University of California—a qualified charity that provides donors with tax benefits to the full extent of the law. Your gift qualifies for a tax-deduction in accordance with IRS regulations for the calendar year your gift is made. After making a gift, you will receive an email with information that can serve as a receipt. Consult your tax professional for more information.

Questions? Contact OLLI Director, Lisa Smith-Youngs at (530) 752-9695.

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